UPDATE

January 15, 2017

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Prepared by the U.S. Department of Health and Human Services, National Institutes of Health, National Institute of Mental Health, Office of Constituency Relations and Public Liaison

SCIENCE AND SERVICE NEWS UPDATES

ADDING BETTER MENTAL HEALTH CARE TO PRIMARY CARE; A NEW ERA OF BEHAVIORAL HEALTH INTEGRATION

Many people visit a primary health care provider to treat physical diseases and injuries; however, it is also common for patients to see a primary care provider because of behavioral health issues, including mental illnesses such as depression, anxiety, or problems with alcohol use. The primary care provider can treat mental disorders, particularly through medication, but that may not be enough. Integrating a "Collaborative Care" approach is one proven way primary care providers can enhance the quality and effectiveness of their behavioral health treatment. This Science Update describes new Centers for Medicare and Medicaid Services (CMS) Medicare coverage policy in which CMS will begin paying primary care clinicians separately for Collaborative Care services that they provide to patients who are being treated for a mental, or behavioral health condition. It also summarizes an analysis of the new CMS behavioral health integration policy by National Institute of Mental Health (NIMH) and CMS staff.
Science Update: https://www.nimh.nih.gov/news/science-news/2016/adding-better-mental-health-care-to-primary-care.shtml

SEX HORMONE–SENSITIVE GENE COMPLEX LINKED TO PREMENSTRUAL MOOD DISORDER; DYSREGULATED CELLULAR RESPONSE TO ESTROGEN AND PROGESTERONE SUSPECTED

National Institutes of Health (NIH) researchers have discovered molecular mechanisms that may underlie a woman's susceptibility to disabling irritability, sadness, and anxiety in the days leading up to her menstrual period. Such premenstrual dysphoric disorder (PMDD) affects two to five percent of women of reproductive age, whereas less severe premenstrual syndrome is much more common.
Press Release: https://www.nimh.nih.gov/news/science-news/2017/sex-hormone-sensitive-gene-complex-linked-to-premenstrual-mood-disorder.shtml

NEW DATA SHOW CONTINUING OPIOID EPIDEMIC IN THE UNITED STATES; ILLICIT OPIOIDS CONTRIBUTE TO DRASTIC INCREASES IN OPIOID OVERDOSE DEATHS ACROSS STATES

Drug overdose deaths, including opioid overdose deaths, continue to increase in the United States (U.S.), according to new data published by the Centers for Disease Control and Prevention (CDC). In 2015 more than 52,000 people died from a drug overdose; of those, 33,091 involved a prescription or illicit opioid. Since 2000, more than 300,000 Americans have lost their lives to an opioid overdose. CDC's latest national analyses indicate that the increase in opioid overdose death rates is driven in large part by illicit opioids like heroin and illicitly manufactured fentanyl, a synthetic opioid.
Press Releases: https://www.cdc.gov/media/releases/2016/p1216-continuing-opioid-epidemic.html

VA STUDY FINDS EEG CAN HELP TELL APART PTSD AND MILD TRAUMATIC BRAIN INJURY

A recent Veterans Affairs (VA) study points to a possible breakthrough in differentiating between post-traumatic stress disorder (PTSD) and mild traumatic brain injury (mTBI), otherwise known as a concussion. The two disorders often carry similar symptoms such as irritability, restlessness, hypersensitivity to stimulation, memory loss, fatigue, and dizziness. Scientists have tried to distinguish between mTBI and PTSD in hopes of improving treatment options for Veterans, but many symptom-based studies have been inconclusive because the chronic effects of the two conditions are so similar.
Press Release: https://www.va.gov/opa/pressrel/pressrelease.cfm?id=2849

REPORT SHOWS COCAINE USE AMONG YOUNG ADULTS UP IN 16 STATES

A new report published by the Substance Abuse and Mental Health Services Administration (SAMHSA) indicates the prevalence of past year cocaine use by young adults aged 18-25 in the U.S. has remained unchanged in 34 states and the District of Columbia in 2014-2015, while 16 states saw increases. According to SAMHSA's National Survey on Drug Use and Health, the estimated prevalence of past year cocaine use by adults aged 18-25 was 4.9 percent.
Press Release: https://www.samhsa.gov/newsroom/press-announcements/201612200930

CHANTIX AND ZYBAN: DRUG SAFETY COMMUNICATION - MENTAL HEALTH SIDE EFFECTS REVISED

Based on a Food and Drug Administration (FDA) review of a large clinical trial that FDA required the drug companies to conduct, FDA determined the risk of serious side effects on mood, behavior, or thinking with the stop-smoking medicines Chantix (varenicline) and Zyban (bupropion) is lower than previously suspected. The risk of these mental health side effects is still present, especially in those currently being treated for mental illnesses such as depression, anxiety disorders, or schizophrenia, or who have been treated for mental illnesses in the past; however, most people who had these side effects did not have serious consequences such as hospitalization. The results of the trial confirm that the benefits of stopping smoking outweigh the risks of these medicines. FDA review of the clinical trial results also confirmed that Chantix, Zyban, and nicotine replacement patches were all more effective for helping people quit smoking than was an inactive treatment called a placebo. These medicines were found to better help people quit smoking regardless of whether or not they had a history of mental illness.
Drug Communication:
http://www.fda.gov/Safety/MedWatch/SafetyInformation/SafetyAlertsforHumanMedicalProducts/ucm533517.htm

NEW ANALYSIS: UNINSURED RATE FOR AMERICANS WITH PRE-EXISTING CONDITIONS DROPPED SHARPLY WHEN MAJOR AFFORDABLE CARE ACT REFORMS WERE FIRST IMPLEMENTED

Since the Affordable Care Act (ACA) became law, millions of Americans no longer face coverage denials, higher costs, or coverage carve outs because of their medical histories. A new analysis from the Department of Health and Human Services (HHS) provides a first look at what happened to uninsured rates for Americans with pre-existing health conditions when the ACA's major insurance market reforms took effect in 2014. It finds that, between 2010 and 2014, the share of Americans with pre-existing conditions who went without health insurance all year fell by 22 percent, meaning 3.6 million fewer people with pre-existing conditions went uninsured. The new analysis estimates that 51 percent of non-elderly Americans, or 133 million people, have a pre-existing health condition under the definition insurers used for underwriting purposes before the ACA. Behavioral health disorders are among the most common pre-existing conditions affecting 45 million people.

Press Release: https://www.hhs.gov/about/news/2017/01/05/new-analysis-uninsured-rate-americans-pre-existing-conditions-dropped-sharply-when-major-affordable

HHS SELECTS EIGHT STATES FOR NEW DEMONSTRATION PROGRAM TO IMPROVE ACCESS TO HIGH QUALITY BEHAVIORAL HEALTH SERVICES

HHS announced the selection of eight states for participation in a two-year Certified Community Behavioral Health Clinic (CCBHC) demonstration program designed to improve behavioral health services in their communities. This demonstration is part of a comprehensive effort to integrate behavioral health with physical health care, increase consistent use of evidence-based practices, and improve access to high quality care for people with mental and substance use disorders. The eight states HHS selected for this demonstration program include Minnesota, Missouri, New York, New Jersey, Nevada, Oklahoma, Oregon, and Pennsylvania.

Press Release: https://www.hhs.gov/about/news/2016/12/21/hhs-selects-eight-states-new-demonstration-program-improve-access-high-quality-behavioral-health

RESOURCES: PUBLICATIONS, TOOLKITS, OTHER RESOURCES

NEW FROM NIMH

DIRECTOR'S MESSAGE: NEURAL CIRCUITS RESEARCH: HOW AND WHY

In his latest Director's Message, NIMH Director Dr. Joshua Gordon discusses an approach to translating neural circuit technology into novel treatment methods. These studies are an example of a research program with the potential to yield benefits in the medium-term.
https://www.nimh.nih.gov/about/director/messages/2017/neural-circuits-research-how-and-why.shtml

OBSESSIVE-COMPULSIVE DISORDER: WHEN UNWANTED THOUGHTS OR IRRESISTIBLE ACTIONS TAKE OVER

This brochure discusses signs and symptoms, diagnosis, and treatment options for obsessive-compulsive disorder, a chronic disorder in which a person has uncontrollable, recurring thoughts and behaviors.
https://www.nimh.nih.gov/health/publications/obsessive-compulsive-disorder-when-unwanted-thoughts-take-over/index.shtml

FIVE THINGS YOU SHOULD KNOW ABOUT STRESS

This fact sheet discusses five things to know about stress and how to manage it.
https://www.nimh.nih.gov/health/publications/stress/index.shtml

SOCIAL ANXIETY DISORDER: MORE THAN JUST SHYNESS

This brochure discusses what social anxiety disorder is, including signs and symptoms, its causes, treatment options, and how to find help. **https://www.nimh.nih.gov/health/publications/social-anxiety-disorder-more-than-just-shyness/index.shtml**

VIDEO: PMDD LINKED TO GENE NETWORK

In this video NIMH investigator Dr. Peter Schmidt discusses the recently discovered molecular mechanisms that may underlie a woman's susceptibility to disabling irritability, sadness, and anxiety in the days leading up to her menstrual period. **https://www.youtube.com/watch?v=ivNnl3SW1Jo**

NEW FROM NIH

ARCHIVED VIDEOCAST: EVIDENCE-BASED TREATMENTS FOR FIRST EPISODE PSYCHOSIS

This archived videocast of a NIH Grand Rounds lecture features NIMH Division of Services and Intervention Research Director Dr. Robert Heinssen and NIMH investigator Dr. Dwight Dickinson discussing the NIMH Recovery After an Initial Schizophrenia Episode (RAISE) Initiative and cognitive impairment in schizophrenia.
https://videocast.nih.gov/Summary.asp?File=21067&bhcp=1

NIAAA/HBO DOCUMENTARY *RISKY DRINKING* SPOTLIGHTS ALCOHOL USE DISORDER

The National Institute on Alcohol Abuse and Alcoholism (NIAAA) collaborated with HBO on *Risky Drinking*, a documentary which examines the lives of four people whose drinking has profoundly impacted their relationships and their lives. **https://www.niaaa.nih.gov/news-events/news-noteworthy/niaaahbo-documentary-risky-drinking-spotlights-alcohol-use-disorder**

HOME-VISIT PROGRAM IN CHILD MALTREATMENT CASES STRENGTHENS PARENT-CHILD INTERACTION

A home-visit program for parents previously investigated for child abuse dramatically reduced the percentage of young children who were removed from their homes and placed in foster care, according to an NIH-funded study. Central to the program are videotaped segments of parent-child play sessions. A trained specialist then gives parents feedback on the interaction, encouraging parents to reflect on their children's social or emotional needs. **https://www.nichd.nih.gov/news/releases/Pages/122716-podcast-child-maltreatment.aspx**

COGNITIVE HEALTH AND OLDER ADULTS

This new resource from the National Institute on Aging addresses how to take care of one's brain, risks to cognitive health, memory and thinking, the aging brain, and cognitive health research. **https://www.nia.nih.gov/health/cognitive-health**

NEW FROM SAMHSA

DECISIONS IN RECOVERY: A NEW TOOL TO HELP MAKE IMPORTANT DECISIONS ABOUT TREATMENT AND RECOVERY FROM OPIOID USE DISORDER

SAMHSA has released an online, interactive, shared decision-making tool for people with, or seeking recovery from, opioid use disorder. The *Decisions in Recovery* web-based tool and its accompanying handbook are designed to help people learn about treatment options for opioid use disorder so they can work with their health care providers in deciding what might work best for them. **http://archive.samhsa.gov/MAT-Decisions-in-Recovery/**

DECISIONS IN RECOVERY: TREATMENT FOR OPIOID USE DISORDERS-HANDBOOK

This handbook is a companion to the multimedia tool that mirrors the web-based content. Both resources are designed to help people with an opioid use disorder make informed decisions concerning their care. It assists individuals in learning about medication assisted treatment, compare treatment options to decide what may be best for them and their recovery, and discuss their preferences with a provider. **http://store.samhsa.gov/product/SMA16-4993**

SHARED DECISION-MAKING AND MEDICATION-ASSISTED TREATMENT: A SUPPORTIVE APPROACH TO INITIATING AND SUSTAINING ADDICTION RECOVERY

This SAMHSA Addiction Technology Transfer Center article describes shared decision-making and why it is important to recovery-oriented practice.
http://www.attcnetwork.org/find/news/attcnews/epubs/addmsg/January2017article.asp

SAMHSA BLOG: THE POWER OF LANGUAGE AND PORTRAYALS

This blog post describes the new SAMHSA webcast series, *The Power of Language and Portrayals: What We Hear, What We See.* With support from the Entertainment Industries Council, Inc., this new series of webcasts will educate television and radio producers, screenwriters, entertainment journalists, and authors as well as the public on the best possible language to use when discussing substance use disorders.
https://blog.samhsa.gov/2017/01/09/the-power-of-language-and-portrayals/#.WHPo7FMrKpo

NEW FROM CDC

RATES OF DRUG OVERDOSE DEATHS INVOLVING HEROIN, BY SELECTED AGE GROUPS — U.S., 2006-2015

This QuickStats chart shows that the rate of drug overdose deaths involving heroin increased slightly during 2006–2010, but more than tripled during 2010–2015 for all age groups shown.
https://www.cdc.gov/mmwr/volumes/65/wr/mm6552a12.htm?s_cid=mm6552a12_e

DRUGS MOST FREQUENTLY INVOLVED IN DRUG OVERDOSE DEATHS: U.S., 2010-2014

This report identifies the specific drugs most frequently involved in drug overdose deaths in the U.S. from 2010 through 2014. Among drug overdose deaths with at least one drug specified on the death certificate, the 10 drugs most frequently involved in overdose deaths included the following opioids: heroin, oxycodone, methadone, morphine, hydrocodone, and fentanyl; the following benzodiazepines: alprazolam and diazepam; and the following stimulants: cocaine and methamphetamine.
https://www.cdc.gov/nchs/data/nvsr/nvsr65/nvsr65_10.pdf

NEW FROM HHS

STRATEGIES TO IMPROVE MENTAL HEALTH CARE FOR CHILDREN AND ADOLESCENTS: RESEARCH REVIEW

This Agency for Healthcare Research and Quality review assesses the effectiveness of quality improvement, implementation, and dissemination strategies that seek to improve the mental health care of children and adolescents. **https://www.effectivehealthcare.ahrq.gov/search-for-guides-reviews-and-reports/?pageaction=displayproduct&productID=2371**

NEW VIDEO: CRISIS OF CONNECTION FOR ADOLESCENT BOYS

The HHS Office of Adolescent Health has released the first in a new series of videos featuring experts on adolescent development topics. The video explains how boys' intimate friendships in early and middle adolescence support their mental health. By late adolescence, many boys speak of losing these close male friendships and reveal feelings of loneliness and isolation. The webcast illuminates the dangers of assuming that boys don't want or need close male friendships and the importance of fostering positive friendships that can help adolescent boys thrive.
https://www.hhs.gov/ash/oah/resources-and-publications/multimedia/tag-mm-content.html

CARING FOR MOTHERS, BABIES, AND COMMUNITIES SUFFERING BECAUSE OF SUBSTANCE ABUSE

This blog post describes a new policy statement which addresses children affected by any substance abuse during pregnancy. It provides important background information and, principles in support of children's social, emotional, and behavioral development, and gives recommendations for early childhood programs in tribal communities, tribal community leaders, and federal, state, local and philanthropic partners. Case studies and best practices are highlighted throughout from northern California to Washington County, Maine.
https://www.acf.hhs.gov/blog/2016/12/caring-for-mothers-babies-and-communities-suffering-because-of-substance-abuse

BULLYING.GOV BLOG POSTS

BLOG POST: APPRECIATING DIVERSITY AND KEEPING SCHOOLS SAFE

Media coverage of social issues has a profound impact on how communities understand and address problems. Research and expert opinion suggest that certain trends in media coverage of bullying have the potential to do harm. This blog post revisits what science has shown regarding bullying, how to prevent it, the impact it has on those who bully as well as those who are bullied, and what to do when bullying happens. It also encourages journalists to follow suggested media guidelines to ensure that the news they are reporting on important social issues, including bullying, accurately reflects the complexity of the events.
https://www.stopbullying.gov/blog/2016/12/19/appreciating-diversity-and-keeping-schools-safe

RESEARCH TO PRACTICE: BUILDING SUPPORTIVE AND INCLUSIVE PROGRAMMING FOR AMERICAN MUSLIM YOUTH

In today's environment, incidents of bullying against Muslim youth have risen, resulting in concern for schools and youth organizations. This blog post summarizes an interview with Sameera Ahmed, Ph.D., Director of The Family and Youth Institute and a leading researcher on American Muslim youth, about what mentoring practitioners can do to build supportive and inclusive programs that meet the needs of Muslim youth and families, while promoting the safety and inclusion of all participants.
https://www.stopbullying.gov/blog/2017/01/10/research-practice-building-supportive-and-inclusive-programming-american-muslim-youth.html

RETHINK DISCIPLINE CAPSTONE REPORT FROM THE WHITE HOUSE

The White House released a new capstone report with updates about projects launched and local progress made in response to the Administration's *Rethink Discipline* efforts. Rethink Discipline was launched as part of President Barack Obama's My Brothers' Keeper initiative and aims to support all students and promote a welcome and safe climate in schools.
https://www.whitehouse.gov/sites/default/files/docs/school_discipline_report_-_120916.pdf

EVENTS

HEALTH OBSERVANCE: HUMAN TRAFFICKING AWARENESS MONTH

JANUARY 2017

In support of Human Trafficking Awareness Month, SAMHSA's National Child Traumatic Stress Network has resources for mental health professionals, law enforcement personnel, health care professionals, and survivors on the signs of trafficking and services for human trafficking survivors.
http://www.nctsn.org/resources/public-awareness/human-trafficking

WEBINAR: ESSENTIALS FOR CHILDHOOD: CREATING THE CONTEXT FOR HEALTHY CHILDREN AND FAMILIES THROUGH POLICIES AND PARTNERSHIPS

JANUARY 17, 2017, 1:00- 2:00 PM ET

This is the first webinar in a two-part series to learn more about CDC's Essentials for Childhood framework and to hear from Boulder County Department of Public Health about an initiative surrounding family-friendly policies. This webinar will highlight health in all workplace policies and provide guidance on developing and sustaining partnerships to help advance priorities. This resource presents an overview of the health department's role in informing policy and lays out several options for states and other partners to incorporate in cross-cutting policy efforts to promote safe, stable, nurturing relationships and environments for children, and to ensure a foundation for health into the next generation. Meeting Room: **http://astho.adobeconnect.com/efc/** Audio: 866-740-1260; 3185412#

WEBCAST: ADDRESSING THE UNIQUE CHALLENGES OF OPIOID USE DISORDERS AMONG WOMEN

JANUARY 17, 2017, 1:00-2:00 PM ET

This CDC Public Health Grand Rounds will discuss how health care providers, researchers, and the public health community can best address the complexities of opioid use disorder among women. Speakers will give an overview of the federal response to the disorder, along with approaches to care and prevention of substance use. A live external webcast will be available through the CDC. For individuals who are unable to view the session during the scheduled time, a video of the session will be posted to the archives two to three days after the presentation.**https://www.cdc.gov/cdcgrandrounds/archives/2017/january2017.htm**

WEBINAR: UNDERSTANDING DEPRESSION IN TEENAGERS

JANUARY 19, 2017, 1:00-2:00 PM ET

Join Dr. Argyris Stringaris, Chief of the NIMH Mood, Brain and Development Unit, for a webinar on depression in teenagers. Depression is one of the leading causes of the global burden of disease, more so than major physical illnesses such as cancer or cardiovascular disease. Moreover, depression has its origins early in life, but its treatment is still inadequate. Close to a third of young people with depression do not respond to treatment and many of those who do respond eventually relapse. During this webinar, the following questions and topics will be addressed: how common and impairing is depression; what are the most sensitive phases of development for young people; why do some children become depressed while others are resilient in the face of stress; is there a role for psychological treatments; and how good are the current treatments for youth depression and what are we still lacking.
https://depressioninteenagers.eventbrite.com

WEBINAR: MENTAL HEALTH IN ETHNICALLY DIVERSE; LESBIAN, GAY, BISEXUAL, TRANSGENDER, QUESTIONING, INTERSEX AND ALLIES; AND YOUTH GROUPS

JANUARY 18, 2017, 2:00 PM ET

This HHS Office of Minority Health (OMH) National Partnership for Action to End Health Disparities webinar highlights the work of the Greenville Health System (GHS) Department of Psychiatry and Behavioral Medicine. GHS provides a complete spectrum of care to diagnose and treat psychiatric disorders in children, adolescents, adults, and geriatrics. It is dedicated to treating patients with mental disorders in both inpatient and outpatient settings. **https://events-na11.adobeconnect.com/content/connect/c1/1312818331/en/events/event/private/1313011123/1577292540/event_registration.html?sco-id=1577310371&_charset_=utf-8**

WHO'S LEADING THE LEADING HEALTH INDICATORS? WEBINAR: ACCESS TO HEALTH SERVICES

JANUARY 19, 2017, 12:00 PM ET

In this HHS webinar, learn about progress made toward achieving the Healthy People 2020 Access to Health Services Leading Health Indicators. Participants also will learn how Door to HealthCare, a regional consumer assistance organization, is using navigators to increase access to health services in Maryland. **https://www.healthypeople.gov/2020/webinars-events**

NIMH WEBINAR: MENTAL HEALTH RESEARCH: WHAT YOU NEED TO KNOW

JANUARY 23, 2017, 1:00-1:30 PM ET

Clinical research is medical research that involves people like you. People volunteer to participate in carefully conducted investigations that may ultimately uncover better ways to treat, prevent, diagnose, and understand human disease such as mental illnesses. Join Kalene DeHaut, LCSW, of the NIMH for this webinar on clinical research. Learn about the basics of clinical research – what it is, why it's important, key research concepts, and steps to take if you, a family member, or a client is interested in participating in clinical research. **https://mentalhealthclinicalresearch.eventbrite.com**

NATIONAL DRUG AND ALCOHOL FACTS WEEK

JANUARY 23-29, 2017

National Drug and Alcohol Facts Week links students with scientists and other experts to counteract the myths about drugs and alcohol that teens get from the internet, social media, TV, movies, music, or from friends. It was launched in 2010 by National Institute on Drug Abuse scientists to stimulate educational events in communities so teens can learn what science has taught us about drug use and addiction. NIAAA became a partner starting in 2016, and alcohol has been added as a topic area for the week. **https://teens.drugabuse.gov/national-drug-alcohol-facts-week/learn-about-national-drug-alcohol-facts-week**

WEBINAR: FROM RE-ENTRY TO RECOVERY: PEER SUPPORT FOR TRANSITION TO THE COMMUNITY

JANUARY 24, 2017, 1:00 PM ET

This webinar will address peer support programs working on re-entry issues for people served in the behavioral health system. This webinar is part of SAMHSA's Recovery to Practice three-part series which will examine ways in which providers, practitioners, and law enforcement can work together to increase best outcomes for persons in crisis. **https://events-na2.adobeconnect.com/content/connect/c1/916603251/en/events/event/shared/1013126744/event_landing.html?sco-id=1013126790&_charset_=utf-8**

WEBINAR: ENGAGING ADOLESCENTS WITH MENTAL HEALTH CONDITIONS IN TREATMENT PLANNING: FINDINGS FROM A RANDOMIZED STUDY OF ACHIEVE MY PLAN

JANUARY 24, 2017, 1:00-2:00 PM ET

Wraparound is an intensive planning and care coordination process intended to improve outcomes for children, youth, or young adults with the highest levels of mental health and related needs; however, previous research indicates that young people are often not meaningfully engaged in the process. This SAMHSA-National Institute on Disability, Independent Living, and Rehabilitation Research Pathways webinar describes a randomized study demonstrating that young people's engagement and team alliance can be significantly increased through the use of a modest enhancement.
https://attendee.gotowebinar.com/register/6579493353079794947

VIDEOCAST: WHAT IS THE RDOC INITIATIVE AND HOW DOES IT APPLY TO MENTAL HEALTH DISORDERS?

JANUARY 25, 2017, 12:00 PM ET

This NIH lecture will provide an overview of the NIMH Research Domain Criteria (RDoC) initiative and how it applies to mental disorders. **https://videocast.nih.gov/summary.asp?live=21575&bhcp=1**

WEBINAR: MENOMINEE YOUTH EMPOWERMENT PROGRAM: ADDRESSING DISPARITIES IN AT-RISK TRIBAL YOUTH

JANUARY 25, 2017, 2:00 PM ET

This HHS/OMH National Partnership for Action to End Health Disparities webinar will focus on the ways in which the Menominee Youth Empowerment Program grant has worked towards reducing disparities by addressing unhealthy behaviors in at-risk minority youth ages 11 to 14. **https://event.on24.com/eventRegistration/EventLobbyServlet?target=registration.jsp&eventid=781550&sessionid=1&key=AF52CA2714D3C5FCC3AFD8F494EEA6D5&sourcepage=register**

WEBINAR: OPIOID USE DISORDER, MEDICATION, AND RECOVERY

JANUARY 26, 2017, 2:00-3:00 PM ET

This webinar from the SAMHSA Bringing Recovery Supports to Scale Technical Assistance Center Strategy initiative will focus on medication as one option for individuals in or seeking recovery from opioid use disorder. It will highlight current challenges and opportunities to connect individuals with the information, resources, and support that they need in order to achieve their recovery goals. **https://www.eventbrite.com/e/recovery-live-opioid-use-disorder-medication-and-recovery-registration-30472833064**

WEBINAR: UNDERSTANDING THE COMPLEXITIES OF COMMERCIAL SEXUAL EXPLOITATION

JANUARY 30, 2017, 2:00-3:30 PM ET

In support of National Slavery and Human Trafficking Prevention Month, the Office of Juvenile Justice and Delinquency Prevention will present an interactive webinar to deepen participants' understanding of commercial sexual exploitation. This webinar will discuss specific circumstances that put individuals at risk of victimization and what helps them survive, and even thrive, despite experiences of abuse and exploitation. Participants will have the opportunity to consider the pervasive impacts (biological, physical, psychological, and spiritual) on persons affected by commercial sexual exploitation and the resilience evident in the journey from victim to survivor. Participants also will learn about tangible, intentional, and responsible actions that can be taken to support those affected. **https://events-na8.adobeconnect.com/content/connect/c1/1110525827/en/events/event/shared/default_template_simple/event_registration.html?sco-id=2038211596&_charset_=utf-8**

WEBINAR: OVERCOMING THE CULTURAL AND SERVICE GAPS IN CRIMINAL JUSTICE AND COMMUNITY SUPPORT FOR TRIBAL MEMBERS

JANUARY 31, 2017, 1:00 PM ET

This webinar will address cultural chasms and how creating bridges helps people find their path to recovery. While the webinar will focus on tribal members, the themes, challenges, and solutions have application across many cultures and people. This webinar is part of SAMHSA's Recovery to Practice series. **https://content.govdelivery.com/accounts/USSAMHSA/bulletins/17d2452**

NATIONAL MINORITY HEALTH MONTH 2017: BRIDGING HEALTH EQUITY ACROSS COMMUNITIES

APRIL 2017

During National Minority Health Month, OMH will join with its partners in raising awareness about efforts across health, education, justice, housing, transportation, and employment sectors to address the factors known as the *social determinants of health* – environmental, social, and economic conditions that impact health. Visit the OMH website to learn more about National Minority Health Month and sign up for the *National Minority Health Month* topic on its email list to be notified about new tools and resources to support #NMHM17 events and programs.
https://content.govdelivery.com/accounts/USOPHSOMH/bulletins/17ae2f2

CALLS FOR PUBLIC INPUT

STORYTELLING ABOUT HEALTH AND WELLNESS IN AMERICAN INDIAN AND ALASKA NATIVE COMMUNITIES CHALLENGE

In recognition of Native American Heritage Month, the Tribal Health Research Office in the Division of Program Coordination, Planning, and Strategic Initiatives, in the NIH Office of the Director announces the "Storytelling about Health and Wellness in American Indian and Alaska Native Communities" Challenge. The goal of this Challenge is to develop a brief digital story (i.e., a video) that communicates how traditions and heritage promote health in American Indians and Alaska Natives. The deadline for submissions is January 31, 2017. **https://www.federalregister.gov/documents/2016/11/28/2016-28497/announcement-of-requirements-and-registration-for-storytelling-about-health-and-wellness-in-american**

THE *ALL OF US* RESEARCH PROGRAM SEEKS FEEDBACK FROM THE COMMUNITY

The *All of Us* Research Program (formerly known as the Precision Medicine Initiative Cohort Program) will create a community of one million or more people from across the U.S. to improve the future of health. Those who join the program will contribute their health, environment, and lifestyle information over an extended period of time. By gathering information from such a large group of people, researchers will be able to learn how specific factors impact an individual's health, and disease prevention and treatment. This approach to tailoring health care for each unique individual is called "precision medicine." The research program developers want to hear from everyone about their thoughts and ideas for how to make *All of Us* a success. Ideas on topics such as participant engagement and communications, health information data security, and the type of data to be collected are welcome from researchers, health care providers, patients, or anyone who wants to contribute to greater knowledge.
https://app.hatchbuck.com/OnlineForm/62861057585

NIH *ALL OF US* RESEARCH PROGRAM PLANS TO ISSUE A FUNDING OPPORTUNITY FOR COMMUNITY ENGAGEMENT

The *All of Us* Research Program intends to issue a funding opportunity to create and implement education, awareness, and enrollment activities for diverse communities. The funding opportunity is geared towards community and health care provider organizations with either national membership bases or those with large local community reach. Some examples of the activities this funding opportunity seeks to support include, but are not limited to, enrollment events, presentations at conferences and national meetings or community events, educational webinars, media and social media campaigns, train the trainer programs, and in-language materials and outreach for non-English-speaking communities. **https://www.nih.gov/allofus-research-program/nih-allofus-research-program-plans-issue-funding-opportunity-community**

TEENS CALLED ON TACKLE OPIOID CRISIS THROUGH A NATIONWIDE PEER-TO- PEER VIDEO COMPETITION

The U.S. Drug Enforcement Administration (DEA), DEA Educational Foundation, and Discovery Education are launching the Operation Prevention Video Challenge that gives students the power to send a message to their peers about the dangers of opioid misuse. The challenge invites teens across the country to create a unique 30-60 second public service announcement, aimed at reaching other teens about this widespread issue. A panel of judges from Discovery Education and the DEA as well as community leaders, educators, and communications experts will select the winners for three DEA Educational Foundation scholarships. Teens can register and submit their entries through March 28, 2017.
https://www.operationprevention.com/video-challenge

CLINICAL TRIAL PARTICIPATION NEWS

BIPOLAR DISORDER (PEDIATRIC) RESEARCH STUDY: TREATMENT OF SEVERE MOOD DYSREGULATION

(Inpatient: 12- to 15 weeks) This study tests the efficacy of different treatments for decreasing irritability in children with severe mood and behavioral problems. Participants have symptoms of severe irritability and are not doing well on their current medications. The child must be currently in treatment with a physician, medically healthy and not currently hospitalized, psychotic, or suicidal. The study includes day or full hospitalization to discontinue medication, followed by either methylphenidate plus citalopram, or methylphenidate plus placebo. Recruiting ages 7-17. [09-M-0034]
http://www.nimh.nih.gov/labs-at-nimh/join-a-study/trials/childrens-studies/citalopram-methylphenidate-bpd.shtml

For more information on research conducted by the NIMH in Bethesda, MD click here **www.nimh.nih.gov/JoinAStudy**.

FUNDING INFORMATION

PARTNERSHIPS TO ACHIEVE HEALTH EQUITY
https://www.minorityhealth.hhs.gov/omh/browse.aspx?lvl=2&lvlid=88

AUTISM TRANSITIONS RESEARCH PROJECT
http://www.grants.gov/web/grants/view-opportunity.html?oppId=290556

LINKING ACTIONS FOR UNMET NEEDS IN CHILDREN'S HEALTH IN AMERICAN INDIAN AND ALASKAN NATIVE COMMUNITIES, U.S. TERRITORIES, AND PACIFIC JURISDICTIONS COOPERATIVE AGREEMENTS
https://www.samhsa.gov/grants/grant-announcements/sm-17-004#.WGvox9CJ7GE

SAFE AND THRIVING COMMUNITIES: PLANNING AND COLLABORATION
https://www.ojjdp.gov/funding/FundingDetail.asp?fi=420

REDUCING HEALTH DISPARITIES AMONG MINORITY AND UNDERSERVED CHILDREN
https://grants.nih.gov/grants/guide/pa-files/PA-17-118.html (R01)
https://grants.nih.gov/grants/guide/pa-files/PA-17-117.html (R21)

CHRONIC CONDITION SELF-MANAGEMENT IN CHILDREN AND ADOLESCENTS
https://grants.nih.gov/grants/guide/pa-files/PA-17-116.html (R21)
https://grants.nih.gov/grants/guide/pa-files/PA-17-115.html (R01)

DRUG-FREE COMMUNITIES SUPPORT PROGRAM-NEW
https://www.samhsa.gov/grants/grant-announcements/sp-17-001

COOPERATIVE AGREEMENTS FOR TRIBAL BEHAVIORAL HEALTH
https://www.samhsa.gov/grants/grant-announcements/sm-17-005

AMERICAN INDIAN/ALASKA NATIVE HEALTH EQUITY INITIATIVE
https://www.minorityhealth.hhs.gov/omh/browse.aspx?lvl=2&lvlid=88

MINORITY YOUTH VIOLENCE PREVENTION II: INTEGRATING SOCIAL DETERMINANTS OF HEALTH AND COMMUNITY POLICING APPROACHES
https://www.minorityhealth.hhs.gov/omh/browse.aspx?lvl=2&lvlid=88

The **Outreach Partnership Program** is a nationwide outreach initiative of the National Institute of Mental Health (NIMH) that enlists state and national organizations in a partnership to increase the public's access to science-based mental health information through partnerships with national and state organizations. For more information about the program please visit: http://www.nimh.nih.gov/outreach/partnership-program/index.shtml. To subscribe to receive the Update every two weeks, go to: http://www.nimh.nih.gov/outreach/partnership-program/news-and-updates-from-the-program.shtml.

The information provided in the **Update** is intended for use by NIMH Outreach Partners, National Partners and their associates for the express purpose of exchanging information that may be useful in the development of state and local mental health outreach, information, education and partnership programs.