This premier conference is designed for employers, wellness managers and other health professionals who work to improve all facets of employee health. Learn about behavioral health integration, evidence-based wellness programs, economics of wellness, and the building blocks needed for a successful work culture that promotes total worker health.

Keynote Speakers

L. Casey Chosewood, MD, MPH  
Director, Office for Total Worker Health  
National Institute for Occupational Safety and Health  
Centers for Disease Control and Prevention

Jandel Allen-Davis, MD  
Vice President, Government, External Relations and Research  
Kaiser Permanente Colorado

Donna Lynne, PhD  
Lieutenant Governor  
State of Colorado

Conference Organizers:

Register Now!  www.coloradocultureofhealth.org
The Recipe for Cutting Healthcare Costs is Out There: What Are We Waiting For?
Julia Hutchins, MPP, MPH, Chief Operating Officer, Airstream Health
Cheryl Kellond, MBA, Chief Executive Officer, Airstream Health

What’s Trending in the Workplace: LIFE!!!
Rachel Kodanaz, National Speaker, Author, and Consultant, Principal, Embracing Life's Challenges

Building an Effective Mindfulness Program Within an Employer Environment
Robyn Harmon, MSPh, Director of Client Development and Acquisition
Moment Health, Optum a division of UnitedHealth Group
Paul Deger, MA, LPC, LPT
Mindfulness Facilitator and Product Manager, Moment Health, Optum a division of UnitedHealth Group
Nate Sassano, MS, Stateside Wellness Coordinator, State of Colorado

Completing the Whole of Health: Redesigning Health Benefits and Healthcare to Better Integrate Mental Health
Benjamin Miller, PsyD, Director
Eugene S. Farley Jr. Health Policy Center, Department of Family Medicine
Associate Professor, University of Colorado School of Medicine
Andrew Romanoff, President, Mental Health Colorado

Healthier Food Environments for a Healthier Workforce: What is the Role of a Local Municipality?
Mondi Mason, PhD, MPH, Policy Program Administrator
City and County of Denver, Department of Environmental Health
Lizzie Schoon, MPA, Wellness Program Coordinator, City and County of Denver
Dody Erickson, Director of Special Projects, City and County of Denver
Denver Parks & Recreation
Matt Jackson, Healthy Food and Beverage Policy Specialist, Tri-County Health Department

The Employee Wellness Dance: Marrying the “Art of Behavior Change” with the “Business of Outcomes”
Brad Cooper, MSPT, MBA, ATC, CWC
CEO
Suzanna Cooper, MA, LPC, MS, OTR/L-CWC, Chief Learning Officer, US Corporate Wellness, Inc.

Small Scale But Big Returns
Whitney Ofdtahi, BS, ACSM-CPT, CWP, Account Manager, Healthbreak, Inc.
Julie Roeder, MA, Human Resources and Risk Management Director, City of Evans, Colorado

How Local Business Networks are Connecting the Dots on Wellness
Jennifer Tellis, MPH, Worksite Wellness Specialist, Tri-County Health Department
Mitzi Schindler, Communications Director, Aurora Chamber of Commerce
Deborah Hoeffer, Director of Financial Aid and Advising Work Life Balance Coordinator, Community College of Aurora
Cheri Prochazka, Vice President Human Resources, Fitzsimons Credit Union

Work, Life Integration: Family-Friendly Employers in Colorado
David Shapiro, Business Relations Manager, Executives Partnering to Invest in Children (EPIC)
Giorgianna Venetis, MPA, Nurturing Families & Communities, Essentials for Childhood Project, Colorado Department of Public Health & Environment
Brett Dolan, MBA, Director, Human Resources, PCL Construction
Dawn Gustafson, Human Resources Manager, Anton Collins Mitchell LLP

Lifestyle Medicine: A Comprehensive Approach to Employee Wellness
Tawny Espinoza, MBA, CHWC, Vice President, Business Development
Community Hospital, Grand Junction
Sheila Naski, BS, Risk Manager, Mesa County Valley School District 51

Do You Need a Mental Health Policy? Hint: To Enhance Total Wellness Culture and Legal Compliance…Yes!
Mary McClatchey, JD, President, WorkSmart Partners
Daniel Kimlinger, PhD, MHA, SPHR, SHRM-SCP, CEO & Partner, Mines & Associates
Robert Mines, PhD, Chair and Psychologist, Mines & Associates

Addressing Opioid Misuse at the Workplace.
Employee Engagement: Your Company’s Bottom Line
Kelley Dawkins, CEO and Owner, Imaginal Transformations
Sonja Baro, Vice President, Mountain Region, American Diabetes Association

Creating a Culture of Wellbeing with Mindfulness
Cheryl Jones, MS, Director of Mindfulness, Aetna

Sharing the Priority to Influence a Culture of Wellbeing in the Workplace and the Community
Lizzie Schoon, MPA, Wellness Program Coordinator, City and County of Denver
Julie Casper, Wellness Program Manager, University of Denver
Molly Maley, Wellness Coordinator, Cheyenne Regional Medical Center
Karra Sabol, MPH, Employee Wellness & Benefits Coordinator, Aspen Valley Hospital
Amy Behrhorst, PA-C, MHP, Employee Health, Aspen Valley Hospital

Enliven Your Wellness Program with Leverage, Fun, and Fresh Information and Watch Engagement Increase!
Lisa McDonald, Lead Advisor, Health Links Colorado
Rosalyn Reese, Director of Diversity and Inclusion, Alzheimer's Association of Colorado
Deborah Hoeffer, Director of Financial Aid and Advising, Work Life Balance Coordinator Community College of Aurora

Bringing a Holistic Approach to Wellness and Its Implementation
Elizabeth Rhoads, Benefits Manager, Compassion International
Louis Gallucci, GBDS, Partner and Vice President of Marketing, Enterprise Risk Strategies, LLC

Low Cost Investment, Great Return
Tammy Dickerson, Healthy Lifestyle Coach- Diabetes Prevention Program (DPP)
YMCA of Metro Denver
Caitlin Stockpool, Diabetes Prevention Program Coordinator, YMCA of Metro Denver
Donna Nelson, Sales Counselor, Holly Creek-Christian Living Communities
Cathy Zirkelbach, MSN, RN, NCSP, School Health Nurse
Edna and John W. Mosley P-8 School, Aurora

2017 Registration Fees: – Registration opens January 11, 2017

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