Presented by Colorado Community Media in partnership with Douglas County Libraries and Douglas County Mental Health Initiative

Thursday, April 26, 2018 7-9pm

## Shared Stories: Time to talk WITH OUR YOUTH

Lone Tree Library 10055 Library Way, Lone Tree, CO 80124







Keynote Speaker Andrew Romanoff CEO Mental Health Colorado

Wатсн on FaceBooк Lıve!

Also Featuring



• Kristen Torres, a Colorado State University student and 2016 Douglas County graduate, who will share her personal mental health story and how that has led her to become a mental health advocate and stigma fighter. • And a Sources of Strength student leader from Chaparral High School who will talk about her three-year struggle with an eating disorder and how she has learned to realize her strengths to live a healthier life.

And

A traveling, interactive exhibit "Mental Health is All Our Stories:" A collection of 6-Word Stories sponsored by the Youth Action Board of Children's Hospital Colorado







Colorado Community Media



For Additional Information Please Go To ColoradoCommunityMedia.com/TimeToTalk or Call 303-566-4100

To sign up for this free event, please go to DCL.org and click on the Library Events tab