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# UPDATE

March 1, 2017

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## Subscribe to Receive the Update

<http://www.nimh.nih.gov/outreach/partnership-program/news-and-updates-from-the-program.shtml>

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<http://twitter.com/nimhgov>  
<http://www.facebook.com/nimhgov>  
<http://www.youtube.com/nimhgov>

*Prepared by the U.S. Department of Health and Human Services,  
National Institutes of Health, National Institute of Mental Health,  
Office of Constituency Relations and Public Liaison*

## MEDICATION PLUS ONGOING CARE PROVIDED IN EMERGENCY DEPARTMENTS IS PROMISING APPROACH FOR OPIOID DEPENDENCE

New research comparing treatment approaches for opioid dependent patients in emergency departments (ED) suggests that combining the medication buprenorphine with ongoing care is more effective than simply providing referrals to addiction treatment, with or without a brief intervention. This study showed that patients who received buprenorphine, along with a brief intervention to discuss opioid use, and up to 12 weeks of buprenorphine maintenance, were more likely to get follow-up addiction treatment and had reduced self-reported illicit opioid use. In addition, they were less likely to need inpatient addiction treatment services, saving treatment costs. This adds to the growing body of literature suggesting that opioid-dependent patients may benefit from immediate initiation of medication while awaiting more comprehensive substance use disorder treatment. The research was funded by the National Institute on Drug Abuse.

**Release:** <https://www.drugabuse.gov/news-events/news-releases/2017/02/medication-plus-ongoing-care-provided-in-emergency-departments-promising-approach-opioid-dependence>

## ANIMAL STUDY SUGGESTS ALCOHOL USE BEFORE PREGNANCY MAY INCREASE VULNERABILITY OF OFFSPRING TO STRESS IN ADULTHOOD

The effects of alcohol use during pregnancy on an unborn child are well known. However, a recent study in rats, funded by the National Institute on Alcohol Abuse and Alcoholism, has shown that a mother's alcohol use before conception also could have negative effects on her child's health and response to stress during adulthood.

**Release:** <https://www.niaaa.nih.gov/research/niaaa-research-highlights/niaaa-spectrum-animal-study-suggests-alcohol-use-pregnancy-may>

## EARLY BRAIN CHANGES MAY HELP PREDICT AUTISM AMONG HIGH-RISK INFANTS

Brain changes at age six or 12 months may help predict the development of autism spectrum disorder (ASD) by age two years among infants with a high family risk, according to a study funded by the National Institutes of Health (NIH). Currently, ASD can be diagnosed as early as age two years, based on certain behaviors and communication difficulties. The study, funded by the NIH Autism Centers of Excellence Program, is published in the February 16, 2017, issue of *Nature*.

**Release:** <https://www.nichd.nih.gov/news/releases/Pages/021517-autism.aspx>

## NEW FROM NIMH

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### NEW WEBPAGE: INTEGRATED CARE

This new NIMH webpage describes how integrated care, which combines primary health care and mental health care in one setting, works and why it is important. It blends the expertise of mental health, substance use, and primary care clinicians, with feedback from patients and their caregivers. This creates a team-based approach where mental health care and general medical care are offered in the same setting. Coordinating primary care and mental health care in this way can help address the physical health problems of people with serious mental illnesses (SMI). <https://www.nimh.nih.gov/health/topics/integrated-care/index.shtml>

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### NEW FACT SHEET: LOOKING AT MY GENES: WHAT CAN THEY TELL ME ABOUT MY MENTAL HEALTH?

This fact sheet contains frequently asked questions about genome scans and genetic testing, and their relationship to a person's mental health. <https://www.nimh.nih.gov/health/publications/genetics-listing.shtml>

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### PANDAS: QUESTIONS AND ANSWERS--REVISED

This brochure covers causes, signs and symptoms, treatment, and clinical trials for Pediatric Autoimmune Neuropsychiatric Disorders Associated with Streptococcal Infections (PANDAS). <https://www.nimh.nih.gov/health/publications/pandas/index.shtml>

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### EATING DISORDERS: ABOUT MORE THAN FOOD--REVISED

This brochure describes the common eating disorders anorexia nervosa, bulimia nervosa, and binge-eating disorder, and various approaches to treatment. It notes future directions for research and where to find more information. The resource is available in English and Spanish. <https://www.nimh.nih.gov/health/publications/eating-disorders/index.shtml>

## NEW FROM NIH

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### NIH DIRECTOR'S BLOG: BRAIN SCANS SHOW EARLY SIGNS OF AUTISM SPECTRUM DISORDER

NIH Director Francis Collins describes findings from an NIH-funded research team that may pave the way for earlier detection of ASD. The key is to shift the diagnostic focus from how kids act to how their brains grow. In their brain imaging study, the researchers found that, compared to other children, youngsters with ASD showed unusually rapid brain growth from infancy to age two. In fact, the growth differences were already evident by their first birthdays, well before autistic behaviors typically emerge.

<https://directorsblog.nih.gov/2017/02/21/brain-scans-show-early-signs-of-autism-spectrum-disorder/>

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### NIH DIRECTOR'S BLOG: HOW SLEEP RESETS THE BRAIN

NIH Director Francis Collins describes the findings of two NIH-funded studies in mice which provide clues to why sleep is essential. The two research teams used entirely different approaches to reach the same conclusion: the brain's neural connections grow stronger during waking hours, but scale back during snooze time. This sleep-related phenomenon apparently keeps neural circuits from overloading, ensuring that mice (and, quite likely humans) awaken with brains that are refreshed and ready to tackle new challenges.

<https://directorsblog.nih.gov/2017/02/14/how-sleep-resets-the-brain/>

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### NIMHD: ADDRESSING MENTAL HEALTH IN AFRICAN AMERICANS THROUGH FAITH

This National Institute on Minority Health and Health Disparities (NIMHD) blog post describes the NIMHD-funded project, "Faith Academic Initiatives to Transform Health (FAITH) in the Delta." Researchers at the University of Arkansas for Medical Sciences partnered with faith community leaders to conduct formative work in the Arkansas Delta. Data from community members was used to culturally adapt an evidence-based behavioral activation intervention for use with rural African American churches.

<http://nimhd.blogs.govdelivery.com/2017/02/21/addressing-mental-health-in-african-americans-through-faith/>

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### PUTTING EXERCISE TO THE TEST IN PEOPLE AT RISK FOR ALZHEIMER'S

Can exercise slow or prevent cognitive decline in older people who are at increased risk for Alzheimer's disease? A new clinical trial led by National Institute on Aging-supported scientists in collaboration with the YMCA aims to find out whether exercise may be an effective nondrug treatment for staying cognitively fit.

<https://www.nia.nih.gov/alzheimers/features/putting-exercise-test-people-risk-alzheimers>

## NEW FROM CDC

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### PREVENTING SUICIDE: A TECHNICAL PACKAGE OF POLICY, PROGRAMS, AND PRACTICES

This new Centers for Disease Control and Prevention (CDC) resource is aimed at helping states and communities prioritize efforts to prevent suicide. It highlights seven strategies to prevent suicide: strengthen economic supports, strengthen access and delivery of suicide care, create protective environments, promote connectedness, teach coping and problem-solving skills, identify and support people at-risk, and lessen harms and prevent future risk. The strategies are intended to work in combination and reinforce each other. Their implementation requires a collective effort across sectors. The technical package describes the approaches to advance each strategy and the evidence behind them, and is intended as a resource to guide and inform prevention decision-making in communities and states.

<https://www.cdc.gov/violenceprevention/pdf/suicide-technicalpackage.pdf>

### TRENDS IN POSTPARTUM DEPRESSIVE SYMPTOMS — 27 STATES, 2004, 2008, AND 2012

This report provides recent state-specific trends in self-reported postpartum depressive symptoms (PDS). Among the 13 states with data for all three periods (2004, 2008, and 2012), self-reported prevalence of PDS declined from 14.8 percent in 2004 to 9.8 percent in 2012. During 2004 to 2012, statistically significant declines were observed in eight of 13 states (Alaska, Colorado, Georgia, Hawaii, Minnesota, Nebraska, Utah, and Washington), and no statistically significant changes in prevalence were observed in five states (Maine, Maryland, Oregon, Rhode Island, and Vermont). In 2012, the overall PDS prevalence was 11.5 percent for 27 states. <https://www.cdc.gov/mmwr/volumes/66/wr/mm6606a1.htm>

### DRUG OVERDOSE DEATHS IN THE UNITED STATES, 1999-2015

This report highlights recent trends in drug overdose deaths, describing demographic and geographic patterns as well as the types of drugs involved. The age-adjusted rate of drug overdose deaths in the U.S. in 2015 was more than 2.5 times the rate in 1999. Drug overdose death rates increased for all age groups, with the greatest percentage increase among adults aged 55 to 64. In 2015, adults aged 45 to 54 had the highest rate. <https://www.cdc.gov/nchs/products/databriefs/db273.htm>

### ESSENTIALS FOR PARENTING TODDLERS AND PRESCHOOLERS IN ENGLISH AND SPANISH

This online resource promotes evidence-based positive parenting strategies and techniques. This website is available in both English and Spanish and is for parents with young children.

<https://www.cdc.gov/parents/essentials/overview.html>

## NEW FROM SAMHSA

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### ADDRESSING FEP IN CRIMINAL JUSTICE SETTING: INFOGRAPHIC

SAMHSA's GAINS Center explores first episode psychosis (FEP) in the criminal justice context with an infographic providing key information on this distinct form of behavioral health crisis. Individuals experiencing FEP may come into contact with the criminal justice system, particularly law enforcement and local jails, as a result of behavior associated with psychotic symptoms. Law enforcement agencies and jails can assist individuals experiencing FEP by connecting them with community-based behavioral health treatment and support services. The infographic provides an overview of the opportunities for identification, diversion, and treatment for people experiencing FEP who come into contact with the justice system.

<https://www.prainc.com/wp-content/uploads/2017/02/GAINS-First-Episode-Psychosis-2.pdf>

### THE DIALOGUE: PUBLIC HEALTH EMERGENCIES

This issue of *The Dialogue* from SAMHSA's Disaster Technical Assistance Center brings stories of responses to public health emergencies in communities across the U.S. Whether responders were facing an outbreak of HIV and hepatitis C, a water crisis, or the Zika virus, they all drew on their understanding of their community as well as relationships with other organizations to respond in ways that ensured the best possible behavioral health outcomes. <https://www.samhsa.gov/dtac/disaster-behavioral-health-resources/dialogue>

### CLINICAL EDUCATION OPPORTUNITIES IN RECOVERY-ORIENTED PRACTICE

This two-course series offers information and resources for providers serving individuals with SMI and co-occurring substance use disorder. Each course is approved for free 1.5 American Academy of Family Physicians continuing medical education credits.

<https://www.samhsa.gov/recovery-to-practice/clinical-edu-opportunities-recovery-oriented-practice>

### BUILDING CAPACITY TO PROVIDE CARE FOR PREGNANT AND POSTPARTUM WOMEN WITH SUBSTANCE USE DISORDERS

Providing evidence-based, family-centered care to pregnant and parenting women with substance use disorders is extremely complex. This blog post describes an innovative telehealth model focused on the behavioral health needs of pregnant and postpartum women.

<http://attcniatx.blogspot.com/2017/02/ppw-project-echo-building-capacity-to.html>

### USING DATA TO IMPROVE THE QUALITY OF CARE FOR CHILDREN WHO HAVE EXPERIENCED TRAUMA

This newsletter of SAMHSA's National Child Traumatic Stress Network (NCTSN) focuses on the multifaceted role of data in improving the quality of care for children who have experienced trauma. The providers featured in this issue share how NCTSN data collection initiatives have helped them to interact with clients and community partners in more meaningful ways.

[http://www.nctsn.org/sites/default/files/assets/pdfs/newsletters/impact\\_winter\\_2017.pdf](http://www.nctsn.org/sites/default/files/assets/pdfs/newsletters/impact_winter_2017.pdf)

## SPOTLIGHT SERIES: BUILDING RESILIENT AND TRAUMA-INFORMED COMMUNITIES

This SAMHSA series highlights different approaches to building trauma-informed, resilient communities.

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### PHILADELPHIA, PA: PUBLIC HEALTH PARTNERSHIPS FOR TRAUMA TRANSFORMATION

This issue highlights Philadelphia's strengths and challenges regarding its public health approach to trauma-informed care. <http://store.samhsa.gov/product/Spotlight-Building-Resilient-and-Trauma-Informed-Communities-Philadelphia-PA-Public-Health-Partnerships-for-Trauma-Transformation/All-New-Products/SMA17-5015>

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### WALLA WALLA, WA: MOBILIZING THE COMMUNITY FOR RESILIENCE—TREATING ACES

This issue highlights how school-based health services in Walla Walla, Washington are treating adverse childhood experiences (ACEs) and building community resilience.

<http://store.samhsa.gov/product/Spotlight-Building-Resilient-and-Trauma-Informed-Communities-Walla-Walla-WA-Mobilizing-the-Community-for-Resilience/All-New-Products/SMA117-5020>

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### WORCESTER, MA: HEALING COMMUNITY BY SHARING THE LIVED EXPERIENCES

This issue focuses on The Central Massachusetts Recovery Learning Community in Worcester, Massachusetts and the importance of educating communities about the effectiveness of peer-to-peer support as a treatment for trauma-informed care. <http://store.samhsa.gov/product/Spotlight-Building-Resilient-and-Trauma-Informed-Communities-Worcester-MA-Healing-Community-by-Sharing-the-Lived-Experiences/All-New-Products/SMA17-5017>

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### SAN FRANCISCO, CA: ALIGNING THE WORKFORCE TO CREATE A TRAUMA-INFORMED SYSTEM

A setting is trauma-informed if the people in that setting realize the widespread prevalence of trauma, recognize the signs and symptoms, and resist doing further harm.

<http://store.samhsa.gov/product/Spotlight-Building-Resilient-and-Trauma-Informed-Communities-San-Francisco-CA-Aligning-the-Workforce-to-Create-a-Trauma-Informed-System/SMA17-5019>

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### KANSAS CITY, KS AND MO: A COALITION IN THE BUSINESS OF COMPASSION

This issue highlights Kansas City's strengths and challenges regarding addressing trauma and building resilience. <http://store.samhsa.gov/product/Spotlight-Building-Resilient-and-Trauma-Informed-Communities-Kansas-City-KS-and-MO-A-Coalition-in-the-Business-of-Compassion/SMA17-5016>

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### TARPON SPRINGS, FL: A COMMUNITY JOURNEY TOWARDS RESILIENCE

This issue focuses on the Peace4Tarpon initiative which uses an “asset-based” approach to develop trauma-informed care communities in Tarpon Springs, Florida. <http://store.samhsa.gov/product/Spotlight-Building-Resilient-and-Trauma-Informed-Communities-Tarpon-Springs-FL-A-Community-Journey-Towards-Resilience/SMA17-5018>

## NEW FROM ACF

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### NEW PODCASTS ON ENGAGING FATHERS

The Administration for Children and Families' (ACF) Child Welfare Information Gateway has developed a three-part podcast series on engaging fathers and working with fatherhood organizations. The discussions provide perspective, insights, and recommendations to help child welfare agencies partner with fatherhood organizations to enhance the engagement and involvement of fathers in establishing permanency and safety for children in the child welfare system.

**Part 1:** <https://www.acf.hhs.gov/cb/resource/child-welfare-podcast-engaging-fathers-part1>

**Part 2:** <https://www.acf.hhs.gov/cb/resource/child-welfare-podcast-engaging-fathers-part2>

**Part 3:** <https://www.acf.hhs.gov/cb/resource/child-welfare-podcast-engaging-fathers-part3>

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### CHILD MALTREATMENT REPORT 2015

Based on state-level data from the National Child Abuse and Neglect Data System, *Child Maltreatment 2015* presents an aggregate view of child abuse and neglect in the U.S. This resource includes information on the reports made to child protective services (CPS), the children involved in CPS cases, child fatalities, perpetrators of child abuse and neglect, and available services.

<https://www.acf.hhs.gov/cb/resource/child-maltreatment-2015>

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### TALKING TO TEENS ABOUT HEALTHY RELATIONSHIPS AND TEEN DATING VIOLENCE

This ACF blog post outlines tips for talking with teens about teen dating violence, as well as knowing the signs of violence, and connecting teens to supports and services.

<https://www.acf.hhs.gov/blog/2017/02/can-you-talk-to-teens-about-healthy-relationships-and-teen-dating-violence>

## NEW FROM THE VA

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### BENEFITS AND HARMS OF CANNABIS IN CHRONIC PAIN OR PTSD: A SYSTEMATIC REVIEW

Approximately 15 percent of Veterans who are treated in Veteran Administration (VA) outpatient post-traumatic stress disorder (PTSD) clinics report recent cannabis use. Physicians in both VA and non-VA settings will increasingly need to engage in evidence-informed discussions about the potential benefits and harms of cannabis use with their patients. This VA systematic review sought to assess the effectiveness of plant-based cannabis preparations in treating chronic pain or PTSD.

[http://www.hsrd.research.va.gov/publications/management\\_briefs/default.cfm?ManagementBriefsMenu=eBrief-no122](http://www.hsrd.research.va.gov/publications/management_briefs/default.cfm?ManagementBriefsMenu=eBrief-no122)



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## PTSD AND SLEEP

This issue of the National Center for PTSD *Research Quarterly* provides an overview to the current literature on the disruption of the sleep cycle and PTSD. <http://www.ptsd.va.gov/professional/publications/ptsd-rq.asp>

## NEW FROM NIJ

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### NATIONAL SURVEY ON THE NATURE AND SCOPE OF TEEN DATING VIOLENCE

This National Institute of Justice (NIJ)-funded study provides a comprehensive national portrait of teen dating violence with detailed measurements of both who perpetrates such violence and who has been victimized. The study found that approximately two-thirds of youth who were in a relationship or had been in one in the past year reported they had been victimized or perpetrated violence. Psychological abuse was the most common type of abuse victimization reported, but there were also substantial rates of sexual abuse and physical abuse victimization. <https://nij.gov/topics/crime/intimate-partner-violence/teen-dating-violence/Pages/survey-shines-light-on-the-nature-and-scope-of-teen-dating-violence.aspx>

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### SHACKLED TO DEBT: CRIMINAL JUSTICE FINANCIAL OBLIGATIONS AND THE BARRIERS TO RE-ENTRY THEY CREATE

Produced by NIJ and the Program in Criminal Justice Policy and Management at Harvard Kennedy School, this report describes trends in the assessment of criminal justice financial obligations, discusses these trends in a historical context, reflects on their unintended consequences, and considers the issue of restitution. <https://www.ncjrs.gov/pdffiles1/nij/249976.pdf>

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### USING RESEARCH TO UNDERSTAND CYBERBULLYING

Dr. Megan Moreno, Center for Child Health, Behavioral and Human Development at Seattle Children's, discusses how important it is to have a common definition of cyberbullying in order to develop effective prevention and intervention programs. She leads a NIJ-supported research project to help individuals understand cyberbullying among children and teens. <https://www.youtube.com/watch?v=t13GAH1WgCc>

**WEBINAR: TEENAGERS AND SOCIAL ANXIETY**

MARCH 9, 2017, 1:00-2:00 PM ET

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Many people feel slightly self-conscious, nervous, or shy in front of other people; however, some children, particularly teenagers, experience an intense and chronic fear of social or performance situations in which they expect to feel embarrassed, judged, rejected, or fearful of offending others. These extreme feelings can significantly interfere with school, extracurricular activities, and making friends. Join this NIMH webinar and learn the signs and symptoms of social anxiety disorder and strategies to help teenagers learn different ways of thinking, behaving, and reacting to social worries and concerns.

<https://teenagersandsocialanxiety.eventbrite.com>

**WEBINAR: #RELATIONSHIPGOALS: SIGNIFICANT OTHERS IN WOMEN'S RECOVERY**

MARCH 9, 2017, 2:00-3:30 PM ET

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Women's substance use and mental health issues do not exist in isolation; women's relationships and partners may facilitate or derail the recovery process. This SAMHSA webinar will explore the impact of behavioral health conditions on significant relationships; interventions that support positive outcomes for women, their partners, and their families; and considerations in service planning. Topics will include women's intimate relationships and substance use, the role of relationships in women's access to and engagement in behavioral health services, couple and family therapies for women's substance use and co-occurring disorders, relationship dynamics and recovery, and special considerations in LGBTQ relationships.

<https://www.samhsa.gov/women-children-families/trainings/relationships-matter>

**WEBINAR: COMPLEX TRAUMA, CHILDREN, AND THE HEALTH HOME OPTION: MOVING RESEARCH AND PRACTICE TO POLICY**

MARCH 10, 2017, 12:00-1:30 PM ET

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This webinar will detail how NCTSN researchers and practitioners with expertise in complex trauma and children partnered with the Centers for Medicare and Medicaid Services, SAMHSA, and the New York State Department of Health to establish complex trauma in children as an eligible condition for health home coverage. This translation of research and practice into policy provides an enhanced treatment and financing benefit for children exposed to complex trauma. Learn how New York State put this concept into practice and generated a complex trauma referral workflow for this population of children. To view NCTSN webinars, participants must register for a free Learning Center account.

<http://learn.nctsn.org/course/view.php?id=462>

## WEBINAR: OVERCOMING CULTURAL AND SERVICE GAPS SUPPORTING TRIBAL MEMBERS WITHIN THE CRIMINAL JUSTICE SYSTEM

MARCH 15, 2017, 1:00-2:00 PM ET

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Tribal members who are dealing with behavioral health issues are finding themselves incarcerated rather than receiving recovery-oriented services within their community. Frequently this lack of access can be attributed to the cultural and service gaps that exist between tribal-delivered services and distrusting the services available outside the tribe, particularly those services that interface with the criminal justice system. This SAMHSA webinar will address how a collaborative response can expand services, create partnerships, and open the door to a more recovery-oriented continuum of services. Service providers across disciplines will be able to apply this information to the work they do with any community where cultural differences create greater vulnerability within both the behavioral health system and the criminal justice system.

<https://events->

[na2.adobeconnect.com/content/connect/c1/916603251/en/events/event/shared/1015218767/event\\_landing.html?sco-id=1015173943&\\_charset\\_=utf-8](https://events-na2.adobeconnect.com/content/connect/c1/916603251/en/events/event/shared/1015218767/event_landing.html?sco-id=1015173943&_charset_=utf-8)

## OFFICE OF MINORITY HEALTH RESOURCE CENTER GRANT WRITING WORKSHOP

MARCH 23-24, 2017, BALTIMORE, MD

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The Department of Health and Human Services (HHS) Office of Minority Health (OMH) Resource Center University Vision, Design and Capacity (U-VDC) technical grant writing workshops provide university faculty and health professionals with strategies to make grant proposals more competitive. This hands-on workshop hosted by Morgan State University is for junior faculty, staff, and college/university health professionals from Historically Black Colleges and Universities (HBCUs) who are interested in community-based participatory research, who are committed to working with underserved populations, and who want to build their institution's capacity to compete and receive competitive grant awards.

<https://www.minorityhealth.hhs.gov/omh/browse.aspx?lvl=3&lvlid=100>

## WEBINAR: IRRITABLE KIDS: WHAT THE RESEARCH TEACHES US

MARCH 30, 2017, 1:00-2:00 PM ET

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Are you concerned about your child's irritability? Does your child have severe temper tantrums or "rages?" Join this NIMH webinar and learn about severe irritability and disruptive mood dysregulation in children and youth with Kenneth Towbin, M.D., Chief of Clinical Child and Adolescent Psychiatry in the NIMH Emotion and Development Branch. Dr. Towbin will discuss: common signs and severity of symptoms, how parents can help a child with severe irritability, what treatment options exist, and ongoing research about irritable children conducted at NIMH in Bethesda, MD. <https://irritablekidswebinar.eventbrite.com>

## OFFICE OF MINORITY HEALTH RESOURCE CENTER GRANT WRITING WORKSHOP

MARCH 31-APRIL 1, 2017, CHICAGO, IL

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The HHS OMH Resource Center U-VDC technical grant writing workshops provide university faculty and health professionals with strategies to make grant proposals more competitive. This hands-on workshop hosted by Northeastern Illinois University is for junior faculty, staff, and college/university health professionals from HBCUs who are interested in community-based participatory research, who are committed to working with underserved populations, and who want to build their institution's capacity to compete and receive competitive grant awards.

<https://www.minorityhealth.hhs.gov/omh/browse.aspx?lvl=3&lvlid=100>

## NATIONAL MINORITY HEALTH MONTH 2017: BRIDGING HEALTH EQUITY ACROSS COMMUNITIES

APRIL 2017

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During National Minority Health Month, OMH will join with its partners in raising awareness about efforts across health, education, justice, housing, transportation, and employment sectors to address the factors known as the *social determinants of health* – environmental, social, and economic conditions that impact health. Visit the OMH website to learn more about National Minority Health Month and sign up for the *National Minority Health Month* topic on its email list to be notified about new tools and resources to support #NMHM17 events and programs.

<https://www.minorityhealth.hhs.gov/omh/content.aspx?lvl=2&lvlid=12&ID=10234>

## WEBINAR: FINDING HER TRIBE: WOMEN'S RELATIONSHIPS WITH PEERS AND COMMUNITY

APRIL 11, 2017, 2:00-3:30 PM ET

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This SAMHSA webinar looks at the importance of inclusion and community relationships to women's health and well-being. Topics include social inclusion, sense of community belonging and meaningful purpose, peer supports, mutual help and recovery communities, and others. <https://www.samhsa.gov/women-children-families/trainings/relationships-matter>

## WEBINAR: WHAT TO DO (AND NOT DO) WHEN CHILDREN ARE ANXIOUS

APRIL 20, 2017, 1:00-2:00 PM ET

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Caregivers play a vital role in helping a child manage anxiety. Sometimes it's hard to know what to say and do when a child is anxious. This NIMH webinar will offer the practical strategies to help caregivers and children break the cycle of anxiety. Participants will learn how to present important concepts about the nature and causes of anxiety, effective ways to change unhelpful thinking, how to face feared situations in a gradual, manageable way, and how to identify and change the cycle of accommodating anxiety within the family. <https://whattodowhenchildrenareanxious.eventbrite.com>

## WEBINAR: UNDERSTANDING DEPRESSION IN TEENAGERS

APRIL 27, 2017 1:00-2:00 PM ET

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Depression is a leading cause of disability worldwide, and is a major contributor to the overall global burden of disease. Depression has its origins early in life, but current treatments are inadequate. Close to a third of young people with depression do not respond to treatment and many of those who do respond eventually relapse. Join Dr. Argyris Stringaris, Chief of the NIMH Mood Brain and Development Unit in Bethesda, MD, for this webinar on depression in teenagers. <https://understandingdepressioninteenagers.eventbrite.com>

## 2017 NIH REGIONAL SEMINAR: PROGRAM FUNDING AND GRANTS ADMINISTRATION

MAY 3-5, 2017, NEW ORLEANS, LA

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The NIH Office of Extramural Research is hosting this seminar, which offers attendees from around the globe a comprehensive program designed around the latest in NIH grants policies, program, and process information, presented by approximately 70 NIH and HHS program, peer review, policy, and grants management officials. <https://regionalseminars.od.nih.gov/neworleans2017/>

## WEBINAR: MOTHERHOOD: WHAT IT MEANS FOR WOMEN'S RECOVERY

MAY 9, 2017, 2:00-3:30 PM ET

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Substance use and mental health problems may challenge a woman's ability to effectively parent. Many effective interventions and supports are available to support women, their children, and their families. This SAMHSA webinar will discuss those interventions and supports, along with the importance of support for women who choose not to parent. Learn more about using motherhood as a pivot point to access help in substance use and mental health, incorporating family-centered approaches for women with behavioral health disorders and their children, meeting the needs of complex families, and more.

<https://www.samhsa.gov/women-children-families/trainings/relationships-matter>

## COMMENTS SOUGHT FOR AHRQ EFFECTIVE HEALTH CARE PROGRAM REPORT

The Agency for Healthcare Research and Quality's Effective Health Care Program encourages the public to participate in the development of its research projects. The Program uses these comments to help focus its research and ensure that the final comparative effectiveness reviews answer the most important questions that clinicians, patients, consumers, and policymakers have about a given treatment, test, or procedure. The Program is currently seeking comments for:

ANXIETY IN CHILDREN (COMMENTS ACCEPTED THROUGH MARCH 8, 2017)

<https://www.effectivehealthcare.ahrq.gov/research-available-for-comment/comment-draft-reports/?pageaction=displaydraftcommentform&topicid=640&productid=2429&documenttype=draftReport>

TREATMENTS FOR ADULTS WITH SCHIZOPHRENIA: A SYSTEMATIC REVIEW (COMMENTS ACCEPTED THROUGH MARCH 8, 2017)

<https://www.effectivehealthcare.ahrq.gov/research-available-for-comment/comment-draft-reports/?pageaction=displaydraftcommentform&topicid=641&productid=2427&documenttype=draftReport>

## SAMHSA SEEKS FEEDBACK ON AWARENESS DAY PLANNING

National Children's Mental Health Awareness Day (Awareness Day) is on Thursday, May 4, 2017. SAMHSA wants to hear about organizations' Awareness Day 2017 activities and how they can be most supportive. Fill out this Awareness Day 2017 Activities Update by Friday, March 17. Your response will inform future planning and help SAMHSA best support your organization's participation.

[https://docs.google.com/forms/d/e/1FAIpQLSfqbe9\\_vKx1GdgiyfPvqHYbxOmlvMkpPrN6d\\_02-Fuh4D8E1w/viewform](https://docs.google.com/forms/d/e/1FAIpQLSfqbe9_vKx1GdgiyfPvqHYbxOmlvMkpPrN6d_02-Fuh4D8E1w/viewform)

## NATIONWIDE RECRUITMENT: NIH RESEARCH STUDY: DEPRESSION IN TEENAGERS

Study seeks to understand the causes of depression in teenagers. As part of a larger study looking at mood dysregulation, this part of the study is currently recruiting medically healthy teenagers ages 12 to 17, who meet the criteria for major depressive disorder, and are in treatment with a physician. Study participation begins with an initial one-day evaluation. Research visits may include annual outpatient visits up to age 25, and/or a four- to 15-week inpatient treatment. Call 1-301-496-8381 [TTY: 1-866-411-1010], Email [depressedkids@mail.nih.gov](mailto:depressedkids@mail.nih.gov)

Department of Health & Human Services, National Institutes of Health, National Institute of Mental Health  
<http://go.usa.gov/x8Xmk>

### Facebook:

NIH Research Study: Understanding the causes of depression in teenagers. Currently recruiting ages 12-17. Initial 1-day evaluation for outpatient visits annually and/or 4- to 15-week inpatient treatment.

Call 1-301-496-8381 [TTY: 1-866-411-1010] or Email [depressedkids@mail.nih.gov](mailto:depressedkids@mail.nih.gov)  
<http://go.usa.gov/x8Xmk>

Department of Health & Human Services, National Institutes of Health, National Institute of Mental Health

### Twitter:

Teenagers with Depression: NIH Research study currently recruiting ages 12-17 for outpatient visits & treatment to understand the causes of depression. <http://go.usa.gov/x8Xmk>

## WOMEN IN CLINICAL TRIALS PARTNER TOOLKIT

This toolkit provides sample social media messaging that can be used to inform consumers and health professionals about the Food and Drug Administration's *Diverse Women in Clinical Trials Initiative* and to promote diverse women's participation in clinical trials.

<http://www.fda.gov/ForConsumers/ByAudience/ForWomen/ucm118508.htm>

## FUNDING INFORMATION

COOPERATIVE AGREEMENTS TO IMPLEMENT THE NATIONAL STRATEGY FOR SUICIDE PREVENTION  
<https://www.samhsa.gov/grants/grant-announcements/sm-17-007>

THE SUBSTANCE ABUSE AND HIV PREVENTION NAVIGATOR PROGRAM FOR RACIAL/ETHNIC MINORITIES AGES 13-24 COOPERATIVE AGREEMENT  
<https://www.samhsa.gov/grants/grant-announcements/sp-17-004>

SERVICES GRANT PROGRAM FOR RESIDENTIAL TREATMENT FOR PREGNANT AND POSTPARTUM WOMEN  
<https://www.grants.gov/web/grants/view-opportunity.html?opId=291852>

FISCAL YEAR 2017 MINORITY YOUTH VIOLENCE PREVENTION II: INTEGRATING SOCIAL DETERMINANTS OF HEALTH AND COMMUNITY POLICING APPROACHES  
<https://www.grants.gov/web/grants/view-opportunity.html?opId=289363>



National Institute  
of Mental Health

The **Outreach Partnership Program** is a nationwide outreach initiative of the National Institute of Mental Health (NIMH) that enlists state and national organizations in a partnership to increase the public's access to science-based mental health information through partnerships with national and state organizations. For more information about the program please visit: <http://www.nimh.nih.gov/outreach/partnership-program/index.shtml>. To subscribe to receive the Update every two weeks, go to: <http://www.nimh.nih.gov/outreach/partnership-program/news-and-updates-from-the-program.shtml>.

The information provided in the **Update** is intended for use by NIMH Outreach Partners, National Partners and their associates for the express purpose of exchanging information that may be useful in the development of state and local mental health outreach, information, education and partnership programs.