Suicide Awareness & Prevention Resources in Colorado

SUICIDE PREVENTION AND CRISIS RESOURCES

Suicide Prevention Lifeline  (800) 273-TALK / (800) SUICIDE
Metro Crisis Services  (844) 493-TALK
   OR text TALK to 38244
   OR chat online (4 p.m. - 12 a.m. 7 days a week) at www.coloradocrisisservices.org/chat
Veteran’s Crisis Hotline  (800) 273-8255; Press option 1
Trevor Project  (866) 488-7386 (LGBTQ+ Youth)
Trans Lifeline  (877) 565-8860 (Transgender & Gender Expansive Youth and Adults)
IAMAlive  www.iamalive.org (online crisis network with 24/7 chat)

24 HOUR CRISIS WALK-IN LOCATIONS

Littleton
6509 S. Santa Fe Drive
Littleton, CO 80120

Lakewood
12055 W. 2nd Place
Lakewood, CO 80228

Denver
4353 W. Colfax Avenue
Denver, CO 80220

Aurora
2206 Victor Street
Aurora, CO 80045

Westminster
2551 W. 84th Avenue
Westminster, CO 80031

Boulder
3180 Airport Road
Boulder, CO 80301

COMMUNITY MENTAL HEALTH PARTNERS

Jefferson Center for Mental Health
4581 Independence Street #200
Littleton, CO 80120
(303) 425-0300
www.jcmh.org

Mental Health Center of Denver
4455 E. 12th Avenue
Denver, CO 80220
(303) 504-6500
www.mhcd.org

All Health Network
(Arapahoe/Douglas County)
5500 S. Sycamore Street
Wheat Ridge, CO 80033
(303) 730-8858
www.allhealthnetwork.org

SUICIDE RELATED SUPPORT GROUPS (For Adults)

Southwest Metro Denver Survivors of Suicide
(Suicide Loss Survivor Support)
Meets 3rd Monday each month
7 p.m. - 8:30 p.m.
Abiding Hope Church
Patio Room
6337 S. Robb Way
Littleton, CO 80123
(720) 515-6047

Group 4F: Fortifying Families & Forming Friendships
(Support for Family Members & Friends of Suicide Attempt Survivors)
Meets last Sunday each month
4:30 p.m. - 6:30 p.m.
Sheridan Public Library
Conference Room
3425 W. Oxford Avenue
Denver, CO 80236
(720) 745-9252

Surviving, Striving & Thriving
(Suicide Attempt Survivor Support)
Meets 2nd Tuesday each month
6:30 p.m. - 8:30 p.m.
Sheridan Public Library
Conference Room
3425 W. Oxford Avenue
Denver, CO 80236
(720) 745-9252
ADDITIONAL LOCAL SUICIDE BEREAVEMENT SUPPORT GROUPS

North Metro Denver HEARTBEAT
Lutheran Medical Center
Collier Hospice Center
3210 N. Lutheran Parkway
(720) 300 8213

Surviving Your Spouse’s Suicide
7009 S. Potomac Suite 109
Centennial, CO 80112
(303) 353-9226

Parents Surviving Suicide
Bethany Lutheran Church
4500 E. Hampden Avenue
Cherry Hills Village, CO 80113
(303) 322-7450

Southeast Littleton HEARTBEAT
Littleton Adventist Hospital
7700 S. Broadway
Littleton, CO 80122
(720) 328-9229
or (303) 697-6984

Boulder HEARTBEAT / Sibling HEARTBEAT
Calvary Bible Church
3245 Kalmia Avenue
Boulder, CO 80301
(720) 244-9052

East Metro HEARTBEAT
Heart Light Center
11150 E. Dartmouth Avenue
Aurora, CO 80014
(303) 755-2679
or (303) 667-7864

ONLINE RESOURCES FOR SUICIDE PREVENTION & INFORMATION AND SUPPORT

Alliance of Hope
(24/7 online support community for survivors of suicide loss)
www.allianceofhope.org

American Association of Suicidology
www.suicidology.org

American Foundation for Suicide Prevention CO Chapter
https://afsp.org/chapter/afsp-colorado

Colorado State Office of Suicide Prevention
(303) 692-2369
colorado.gov/cdphe/categories/services-and-information/health/preventions-and-wellness/suicide-prevention

Community Assessment and Coordination of Safety (C.A.C.S.)
(720) 245-7390
www.cacs-co.com

Man Therapy
www.mantherapy.org

National Alliance on Mental Illness (NAMI)
www.nami.org

Second Wind Fund
(720) 962-0706

Suicide Intervention Skills Gatekeeper Training Workshops
www.abidinghopegprtraining.com

Suicide Prevention Coalition of Colorado
www.suicidepreventioncolorado.org

Suicide Prevention Resource Center
www.sprc.org

OTHER CRISIS HOTLINES / SUPPORT RESOURCES

Child Abuse Report Line
CO State Child Abuse Report Line 844-CO-4-KIDS

Adult Abuse Report Lines
Arapahoe County (303) 636-1750
Denver County (720) 944-2994
Douglas County (303) 663-6270
 Jefferson County (303) 422-2133
Family Tree (303) 422-2133
Families First (877) 695-7996

Domestic Violence (DV) Resources
National DV Hotline (800) 799-7233
Family Tree DV Crisis Line (303) 420-6752
The Crisis Center 24-Hour Crisis Line (303) 688-8484
Safehouse Denver Crisis and Info Line (303) 318-9989

Rape/Sexual Assault Resources
National Sexual Assault Hotline (800) 656-HOPE
The Blue Bench (303) 322-7273