

# Suicide Awareness & Prevention Resources in Colorado

## SUICIDE PREVENTION AND CRISIS RESOURCES

**Suicide Prevention Lifeline (800) 273-TALK / (800) SUICIDE**

**Metro Crisis Services**

**(844) 493-TALK**

**OR** text TALK to 38244

**OR** chat online (4 p.m. - 12 a.m. 7 days a week) at [www.coloradocrisiservices.org/chat](http://www.coloradocrisiservices.org/chat)

**Veteran's Crisis Hotline**

**(800) 273-8255**; Press option 1

**Trevor Project**

**(866) 488-7386** (LGBTQ+ Youth)

**Trans Lifeline**

**(877) 565-8860** (Transgender & Gender Expansive Youth and Adults)

**IAMALive**

**[www.iamalive.org](http://www.iamalive.org)** (online crisis network with 24/7 chat)

## 24 HOUR CRISIS WALK-IN LOCATIONS

### Littleton

6509 S. Santa Fe Drive  
Littleton, CO 80120

### Lakewood

12055 W. 2nd Place  
Lakewood, CO 80228

### Denver

4353 W. Colfax Avenue  
Denver, CO 80220

### Aurora

2206 Victor Street  
Aurora, CO 80045

### Westminster

2551 W. 84th Avenue  
Westminster, CO 80031

### Boulder

3180 Airport Road  
Boulder, CO 80301

## COMMUNITY MENTAL HEALTH PARTNERS

### Jefferson Center for Mental Health

4581 Independence Street #200  
Littleton, CO 80120

**(303) 425-0300**

**[www.jcmh.org](http://www.jcmh.org)**

### Mental Health Center of Denver

4455 E. 12th Avenue  
Denver, CO 80220

**(303) 504-6500**

**[www.mhcd.org](http://www.mhcd.org)**

### All Health Network

(Arapahoe/Douglas County)

5500 S. Sycamore Street  
Wheat Ridge, CO 80033

**(303) 730-8858**

**[www.allhealthnetwork.org](http://www.allhealthnetwork.org)**

## SUICIDE RELATED SUPPORT GROUPS (For Adults)

### Southwest Metro Denver Survivors of Suicide

(Suicide Loss Survivor Support)

**Meets 3rd Monday each month**

**7 p.m. - 8:30 p.m.**

Abiding Hope Church

Patio Room

6337 S. Robb Way

Littleton, CO 80123

**(720) 515-6047**

### Group 4F: Fortifying Families & Forming Friendships

(Support for Family Members & Friends of Suicide Attempt Survivors)

**Meets last Sunday each month**

**4:30 p.m. - 6:30 p.m.**

Sheridan Public Library

Conference Room

3425 W. Oxford Avenue

Denver, CO 80236

**(720) 745-9252**

### Surviving, Striving & Thriving

(Suicide Attempt Survivor Support)

**Meets 2nd Tuesday each month**

**6:30 p.m. - 8:30 p.m.**

Sheridan Public Library

Conference Room

3425 W. Oxford Avenue

Denver, CO 80236

**(720) 745-9252**

**catalyst**  
COUNSELING PLLC

720.245.7390  
Cacs-CO.com  
Catalystcounselingpllc.com  
Catalystcollectivecolorado.org

**catalyst**  
COLLECTIVE Colorado

## ADDITIONAL LOCAL SUICIDE BEREAVEMENT SUPPORT GROUPS

**North Metro Denver HEARTBEAT**  
Lutheran Medical Center  
*Collier Hospice Center*  
3210 N. Lutheran Parkway  
**(720) 300 8213**

**East Metro HEARTBEAT**  
Heart Light Center  
11150 E. Dartmouth Avenue  
Aurora, CO 80014  
**(303) 755-2679**  
**or (303) 667-7864**

**Surviving Your Spouse's Suicide**  
7009 S. Potomac Suite 109  
Centennial, CO 80112  
**(303) 353-9226**

**Parents Surviving Suicide**  
Bethany Lutheran Church  
4500 E. Hampden Avenue  
Cherry Hills Village, CO 80113  
**(303) 322-7450**

**Southeast Littleton HEARTBEAT**  
Littleton Adventist Hospital  
7700 S. Broadway  
Littleton, CO 80122  
**(720) 328-9229**  
**or (303) 697-6984**

**Boulder HEARTBEAT /  
Sibling HEARTBEAT**  
Calvary Bible Church  
3245 Kalmia Avenue  
Boulder, CO 80301  
**(720) 244-9052**

## ONLINE RESOURCES FOR SUICIDE PREVENTION & INFORMATION AND SUPPORT

<b>Alliance of Hope</b>	<i>(24/7 online support community for survivors of suicide loss)</i> <b><a href="http://www.allianceofhope.org">www.allianceofhope.org</a></b>
<b>American Association of Suicidology</b>	<b><a href="http://www.suicidology.org">www.suicidology.org</a></b>
<b>American Foundation for Suicide Prevention CO Chapter</b>	<b><a href="https://afsp.org/chapter/afsp-colorado">https://afsp.org/chapter/afsp-colorado</a></b>
<b>Colorado State Office of Suicide Prevention</b>	<b>(303) 692-2369</b> <b><a href="http://colorado.gov/cdphe/categories/services-and-information/health/preventions-and-wellness/suicide-prevention">colorado.gov/cdphe/categories/services-and-information/health/preventions-and-wellness/suicide-prevention</a></b>
<b>Community Assessment and Coordination of Safety (C.A.C.S.)</b>	<b>(720) 245-7390</b> <b><a href="http://www.cacs-co.com">www.cacs-co.com</a></b>
<b>Man Therapy</b>	<b><a href="http://www.mantherapy.org">www.mantherapy.org</a></b>
<b>National Alliance on Mental Illness (NAMI)</b>	<b><a href="http://www.nami.org">www.nami.org</a></b>
<b>Second Wind Fund</b>	<b>(720) 962-0706</b>
<b>Suicide Intervention Skills Gatekeeper Training Workshops</b>	<b><a href="http://www.abidinghopeprtraining.com">www.abidinghopeprtraining.com</a></b>
<b>Suicide Prevention Coalition of Colorado</b>	<b><a href="http://www.suicidepreventioncolorado.org">www.suicidepreventioncolorado.org</a></b>
<b>Suicide Prevention Resource Center</b>	<b><a href="http://www.sprc.org">www.sprc.org</a></b>

## OTHER CRISIS HOTLINES / SUPPORT RESOURCES

**Child Abuse Report Line**  
CO State Child Abuse Report Line **844-CO-4-KIDS**

**Adult Abuse Report Lines**  
Arapahoe County **(303) 636-1750**  
Denver County **(720) 944-2994**  
Douglas County **(303) 663-6270**  
Jefferson County **(303) 422-2133**  
Family Tree **(303) 422-2133**  
Families First **(877) 695-7996**

**Domestic Violence (DV) Resources**  
National DV Hotline **(800) 799-7233**  
Family Tree DV Crisis Line **(303) 420-6752**  
The Crisis Center 24-Hour Crisis Line **(303) 688-8484**  
Safehouse Denver Crisis and Info Line **(303) 318-9989**

**Rape/Sexual Assault Resources**  
National Sexual Assault Hotline **(800) 656-HOPE**  
The Blue Bench **(303) 322-7273**