

## School Mental Health Capacity-Building Grant Application

### Summary

The capacity-building grants are designed to assist school districts with the ongoing implementation of the School Mental Health Toolkit and 10 best practices. The proposed use of funds must fall within the following 3 capacity-building categories. Applicants are encouraged to work with community partners or other stakeholders in the development of your plan for the school district.

Grants are awarded up to \$10,000 per school district. Higher requests will be considered if need is demonstrated by the applicant. Applications are accepted on a rolling basis. Decisions will be made once per month. Funds must be spent within 6 months of the award date. A mid-point check in call with Mental Health Colorado is required 3 months after the award date.

Grantees must submit a report on outcomes within 7 months of receiving the grant.

### Eligibility Requirements

Eligible applicants are school districts, local education agencies (LEA), boards of cooperative educational services (BOCES) and community partners. Community partners must be a registered entity with the State of Colorado.

Districts must have completed an initial Toolkit review and planning meeting with Mental Health Colorado and must include a completed copy of the Toolkit's Needs Assessment.

### Grant Categories

- Professional development costs and staff training time associated costs. Trainings will allow teachers, school mental health staff and other staff to gain competency in mental health related topics. Examples include:
  - Youth Mental Health First Aid
  - Social Emotional Learning
  - External trainers hired to train on specific subjects relevant to district needs (suicide prevention, anti-bullying, LGBT supports, etc.)
- Purchase of intervention programs, curriculum, and tools. Examples include:
  - Social Emotional Learning curriculum
  - Curriculum-based interventions for mental health staff
  - Screening tools (Behavioral and Emotional Screening System, Devereux Student Strengths Assessment, etc.)
- Technical assistance and consulting services. Examples include:
  - Extended consultation for needs assessment
  - Extended consultation for strategic planning which includes enhancement of the application of the 10 best practices and strategic use of district funding
  - Extended consultation on the implementation of the 10 best practices
  - District-wide consultation on a specific model or intervention (Sources of Strength, trauma-informed care in schools, etc.)

### **Applicant Summary Information**

School District Name

School District Contact

Applicant Entity Type

Applicant Name and Title

Mailing Address

Phone

Email

### **Grant Request Information**

Type of grant requested

Professional development costs and staff training time associated costs

Purchase of intervention programs, curriculum, and tools

Technical assistance and consulting services

Funding amount requested (please attach your proposed budget for this grant)

What best practice/s is/are being addressed through your grant activity? (please refer to best practices as identified in the School Mental Health Toolkit which can be downloaded from [www.mentalhealthcolorado.org/schooltoolkit](http://www.mentalhealthcolorado.org/schooltoolkit))

Please list the date of your initial planning meeting with Mental Health Colorado and attach a copy of the district's completed Toolkit Needs Assessment.

### **Narrative**

(Please try to limit your responses to fewer than 250 words per statement)

1. Describe the identified need addressed through this grant request.
2. Provide a summary of the district's plan for the grant request.
3. What outcomes do you intend to see through the plan described above in 6 months and long-term.
4. Describe how you will address the sustainability of your capacity-building efforts?
5. Provide a budget narrative with justification of your budget request.